

# Nutraceuticals

## Ingredients & wellness reference

63 product entries

A searchable overview of the products and variants listed in EVEXIAS' April 22, 2026 reference, explained in plain language.

Start with your goal. Learn what each formula is marketed to support, review its ingredient highlights, and bring questions to our team.

Read the current label. Formulas, strengths, and availability can change. This guide lists active ingredient highlights; it does not reproduce every excipient, allergen, or Supplement Facts panel. A catalog entry is not confirmation that Citrus stocks that item.

Choose thoughtfully. Supplements can interact with medications and duplicate nutrients in other products. Ask your clinician or pharmacist about suitability, especially during pregnancy, before surgery, or with a medical condition.

Educational information, not a personal treatment plan. Product-purpose descriptions summarize manufacturer positioning and do not establish that a benefit is proven for you. Supplements are not intended to diagnose, treat, cure, or prevent disease. No dosing recommendations are provided.

[Browse the manufacturer's current catalog and product fact sheets](#)

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## Active Microbe Defense

What it is for · Botanical support for microbial balance and immune wellness.

Ingredient highlights · Black walnut green hull, wormwood, grapefruit seed, olive leaf, pau d'arco bark, black cumin seed, garlic.

Source: EVEXIAS reference, April 22, 2026, p. 1.

## Active Probiotic ND 50

What it is for · Digestive regularity and a balanced gut microbiome.

Ingredient highlights · Lactobacillus acidophilus, L. plantarum, L. casei, L. salivarius, L. rhamnosus; Streptococcus thermophilus; Bifidobacterium breve, B. bifidum, B. longum; fructooligosaccharides (FOS).

Source: EVEXIAS reference, April 22, 2026, p. 1.

## **ADK, ADK 10, ADK Chews**

What it is for · Vitamin support for bones, calcium use, and immune function.

Ingredient highlights · Vitamin A (retinyl palmitate), vitamin D3 (cholecalciferol), vitamin K2 (MK-7). ADK, ADK 10, and ADK Chews are different strengths/forms; check the exact label.

Source: EVEXIAS reference, April 22, 2026, p. 1, 2.

## **Adpt CNS**

What it is for · Botanical support for coping with stress and maintaining stamina.

Ingredient highlights · Cordyceps, rhodiola, Thai ginseng (*Kaempferia parviflora*), schisandra.

Source: EVEXIAS reference, April 22, 2026, p. 2.

## Adrenal Support Complex

What it is for · Nutritional and botanical support for energy and the stress response.

Ingredient highlights · Vitamin C, vitamin B6, folate, vitamin B12, pantothenic acid (B5), bovine adrenal cortex, bovine whole adrenal, eleuthero root.

Source: EVEXIAS reference, April 22, 2026, p. 2.

## Alpha Lipoic 300

What it is for · Antioxidant support and normal energy metabolism.

Ingredient highlights · Alpha-lipoic acid.

Source: EVEXIAS reference, April 22, 2026, p. 2, 3.

## Amino Ultra

What it is for · Amino acids that provide building blocks for proteins and tissue maintenance.

Ingredient highlights · Glutamic acid, glutamine, taurine, aspartic acid, glycine, lysine, phenylalanine, tyrosine, arginine, cystine, leucine, methionine, alanine, serine, threonine, citrulline, valine, histidine, isoleucine, ornithine, proline.

Source: EVEXIAS reference, April 22, 2026, p. 3, 4.

## B Complex

What it is for · B-vitamin support for energy metabolism and nervous-system function.

Ingredient highlights · Thiamin (B1), riboflavin (B2), niacin (B3), B6, folate, B12, biotin, pantothenic acid (B5), choline, PABA, inositol.

Source: EVEXIAS reference, April 22, 2026, p. 4.

## Berberine LPT

What it is for · Marketed for metabolic and blood-sugar support in a chewable liposomal format.

Ingredient highlights · Berberine, bitter melon, chromium, pyrroloquinoline quinone (PQQ), vitamin B6, vanadium. Distinct from Berberine Ultra capsules.

Source: EVEXIAS reference, April 22, 2026, p. 4, 5.

## Berberine Ultra

What it is for · Botanical and nutrient support for metabolic wellness.

Ingredient highlights · Folate, berberine HCl, grape-seed extract/phosphatidylcholine complex (LeucoSelect Phytosome), R-alpha-lipoic acid.

Source: EVEXIAS reference, April 22, 2026, p. 5.

## **BPC-157 LPT**

What it is for · A peptide product marketed for gut and tissue support. Human safety and effectiveness are not established; this entry is descriptive, not a recommendation.

Ingredient highlights · BPC-157. Listed in the source as a chewable liposomal tablet.

Source: EVEXIAS reference, April 22, 2026, p. 5.

## **CandidaBalance+**

What it is for · Botanical and enzyme support for digestive microbial balance.

Ingredient highlights · Calcium, magnesium, cellulase, caprylic acid, betaine HCl, berberine sulfate, grapefruit-seed extract, hemicellulase, olive-leaf extract.

Source: EVEXIAS reference, April 22, 2026, p. 6.

## Clarify 4.0

What it is for · Nutrient and botanical support for alertness and mental focus.

Ingredient highlights · Riboflavin (B2), B6, methylfolate (B9), B12, Mucuna pruriens (source of L-DOPA), theobromine, trimethylglycine (betaine), theacrine.

Source: EVEXIAS reference, April 22, 2026, p. 6.

## Cognitive Ultra with Relora

What it is for · Botanical support for stress management, mood, and cognitive wellness.

Ingredient highlights · Relora (magnolia bark and Phellodendron amurense bark extracts), Bacopa monnieri extract (bacosides).

Source: EVEXIAS reference, April 22, 2026, p. 6.

## Complete Magnesium

What it is for · Magnesium support for normal muscle, nerve, and energy function.

Ingredient highlights · Magnesium taurate, magnesium glycinate, magnesium malate.

Source: EVEXIAS reference, April 22, 2026, p. 6, 7.

## Complete Vegan Protein Powder Plus Chocolate

What it is for · Plant-based protein for daily protein intake and muscle maintenance.

Ingredient highlights · Pea-protein isolate, hemp-protein powder, flaxseed powder, Bacillus coagulans, stevia. Other listed ingredients include cocoa, vanilla/chocolate flavors, guar gum, silica. Source lists 19 g protein per serving.

Source: EVEXIAS reference, April 22, 2026, p. 7, 8.

## Complete Vegan Protein Powder Plus Vanilla

What it is for · Plant-based protein for daily protein intake and muscle maintenance.

Ingredient highlights · Pea-protein isolate, hemp-protein powder, flaxseed powder, Bacillus coagulans, stevia. Other listed ingredients include vanilla flavor, guar gum, silica. Source lists 19 g protein per serving.

Source: EVEXIAS reference, April 22, 2026, p. 8, 9.

## CoQ10 100mg

What it is for · Coenzyme Q10 support for cellular energy and cardiovascular wellness.

Ingredient highlights · Coenzyme Q10 (ubiquinone), vitamin E.

Source: EVEXIAS reference, April 22, 2026, p. 9.

## **Creatine Ultra**

What it is for · Support for muscle energy during repeated, high-intensity activity.

Ingredient highlights · Creatine monohydrate.

Source: EVEXIAS reference, April 22, 2026, p. 9.

## **Curcumin Support**

What it is for · Turmeric-derived antioxidant support and support for a normal inflammatory response.

Ingredient highlights · Curcumin C3 Complex (curcuminoids), black-pepper extract (BioPerine).

Source: EVEXIAS reference, April 22, 2026, p. 9.

## Daily Fiber Plus

What it is for · Soluble fiber for daily fiber intake and digestive regularity.

Ingredient highlights · Digestion-resistant maltodextrin (Fibersol-2).

Source: EVEXIAS reference, April 22, 2026, p. 10.

## Digestive Enzyme Complete

What it is for · Enzymes that help break down food components.

Ingredient highlights · Amylase, bromelain, peptidase, lipase, protease, lactase, papain, hemicellulase.

Source: EVEXIAS reference, April 22, 2026, p. 10.

## **DIM 150**

What it is for · Nutritional support for normal estrogen metabolism.

Ingredient highlights · Diindolylmethane (DIM), in an enhanced-bioavailability complex with vitamin E (tocophersolan) and phosphatidylcholine.

Source: EVEXIAS reference, April 22, 2026, p. 10.

## **EnduroO2 LPT**

What it is for · Marketed for physical stamina, exercise performance, and resilience.

Ingredient highlights · Salidroside (LANDKIND Pure Salidroside, the compound found in *Rhodiola rosea*), in a liposomal tablet.

Source: EVEXIAS reference, April 22, 2026, p. 10, 11.

## EvexiGLPRO

What it is for · Microbiome and postbiotic support for metabolic and gut wellness.

Ingredient highlights · Heat-treated *Bifidobacterium lactis* CECT 8145 (BPL1 HT); *Akkermansia muciniphila* AH39, *B. longum* CCFM760, *Lactobacillus plantarum* CCFM1143, *L. casei* CCFM419 (HelpGut AKK blend); *B. lactis* B420; *Clostridium butyricum*; tributyrin complex (ButyraGen).

Source: EVEXIAS reference, April 22, 2026, p. 11.

## EvexiFEM

What it is for · Probiotic support for vaginal and urinary-tract wellness.

Ingredient highlights · *Lactobacillus gasseri* CECT 30648, *L. reuteri* LR92, *L. rhamnosus* IMC 501, *L. paracasei* IMC 502, *L. plantarum* CECT 7504, CECT 8675 and CECT 8677; cranberry whole-fruit powder (proanthocyanidins).

Source: EVEXIAS reference, April 22, 2026, p. 11, 12.

## EvexiPEL Complete

What it is for · A combined vitamin and botanical formula marketed to complement hormone-wellness care.

Ingredient highlights · Vitamins A, D3, B6, folate, B12; PrimaVie shilajit fulvic-acid complex, DIM complex, coenzyme Q10, sulforaphane, vitamin K2. DIM complex includes vitamin E and phosphatidylcholine. This is not hormone replacement medication.

Source: EVEXIAS reference, April 22, 2026, p. 12.

## EVEXIAS Sleep

What it is for · A multi-ingredient formula for relaxation and sleep support.

Ingredient highlights · Valerian-root extract, magnolia-bark extract, GABA, 5-HTP (from Griffonia simplicifolia), melatonin.

Source: EVEXIAS reference, April 22, 2026, p. 12.

## GI Enzyme+

What it is for · Digestive support using enzymes, bile components, and betaine HCl.

Ingredient highlights · Calcium, pepsin, bromelain, ox bile, pancreas substance, papain, pancreatin (protease, amylase, lipase), cellulase, betaine hydrochloride. Contains animal-derived ingredients.

Source: EVEXIAS reference, April 22, 2026, p. 12, 13.

## Gluko Metabolic Complex

What it is for · Nutrient and botanical support for glucose metabolism.

Ingredient highlights · Chromium, Gymnema sylvestre, cinnamon extract (Cinnulin PF), alpha-lipoic acid, bitter melon, banaba-leaf extract, vanadyl sulfate.

Source: EVEXIAS reference, April 22, 2026, p. 13.

## Glutathione LPT

What it is for · Glutathione support for the body's antioxidant systems.

Ingredient highlights · S-acetyl L-glutathione, in a liposomal chewable format. Ingredient strength differs across available references; use the current package label.

Source: EVEXIAS reference, April 22, 2026, p. 13, 14.

## GI Guard

What it is for · Powdered nutrient and botanical support for the digestive lining.

Ingredient highlights · Vitamin C, zinc carnosine (providing zinc and L-carnosine), L-glutamine, arabinogalactans, deglycyrrhizinated licorice (DGL), aloe-vera leaf, slippery-elm bark, marshmallow root.

Source: EVEXIAS reference, April 22, 2026, p. 14.

## HepatiCleanse+

What it is for · Nutrients and botanicals marketed to support normal liver function and antioxidant processes.

Ingredient highlights · Biotin, choline, calcium D-glucarate, milk thistle (silymarin), L-methionine, turmeric, N-acetylcysteine, inositol, glycine, DIM complex (with vitamin E and phosphatidylcholine), alpha-lipoic acid.

Source: EVEXIAS reference, April 22, 2026, p. 14.

## HRT Complete E

What it is for · A nutritional formula marketed to complement estrogen-related hormone-wellness care.

Ingredient highlights · Vitamin B6, folate, B12; proprietary blend of fenugreek extract (FenuSMART), DIM complex (with vitamin E and phosphatidylcholine), coenzyme Q10, sulforaphane. Not an estrogen prescription.

Source: EVEXIAS reference, April 22, 2026, p. 14, 15.

## HRT Complete T

What it is for · A nutritional formula marketed to complement testosterone-related hormone-wellness care.

Ingredient highlights · Vitamin B6, folate, B12; proprietary blend of PrimaVie shilajit fulvic-acid complex, DIM complex (with vitamin E and phosphatidylcholine), coenzyme Q10, sulforaphane. Not a testosterone prescription.

Source: EVEXIAS reference, April 22, 2026, p. 15.

## Immuno LPT

What it is for · Green-tea-derived antioxidant support, marketed for immune wellness.

Ingredient highlights · Teavigo green-tea extract providing epigallocatechin gallate (EGCG). The source calls this Immuno LPT; the current public catalog uses Immuno-T LPT.

Source: EVEXIAS reference, April 22, 2026, p. 15.

## Inflam-X LPT

What it is for · Turmeric-derived support for antioxidant activity and a normal inflammatory response.

Ingredient highlights · Curcumin C3 Reduct, standardized for tetrahydrocurcuminoids, in a chewable liposomal format.

Source: EVEXIAS reference, April 22, 2026, p. 15, 16.

## Iodine Complete

What it is for · An iodine-based formula marketed for thyroid nutrition.

Ingredient highlights · Iodine/potassium iodide, zinc, selenium, potassium, trace-mineral concentrate (ConcenTrace), Icelandic kelp blend. Use only with individualized guidance: iodine requirements and thyroid conditions differ.

Source: EVEXIAS reference, April 22, 2026, p. 16.

## Iron Bis-Glycinate

What it is for · Iron support for red-blood-cell formation when supplemental iron is appropriate.

Ingredient highlights · Iron bisglycinate, vitamin C, folate, vitamin B12. Iron should be selected based on clinical need, not fatigue alone.

Source: EVEXIAS reference, April 22, 2026, p. 16.

## KPV LPT

What it is for · A peptide product marketed for gut and inflammatory-response support. Human safety and effectiveness are not established; this entry is descriptive, not a recommendation.

Ingredient highlights · KPV acetate peptide, in a liposomal tablet.

Source: EVEXIAS reference, April 22, 2026, p. 16, 17.

## **Kyolic +**

What it is for · Aged-garlic and grape-seed support for cardiovascular wellness.

Ingredient highlights · Aged garlic extract, grape-seed extract (MegaNatural-BP).

Source: EVEXIAS reference, April 22, 2026, p. 17.

## **Liposomal Melatonin Spray**

What it is for · Melatonin in a spray format for sleep-timing support.

Ingredient highlights · Melatonin. Compare the label with other sleep products to avoid duplicating melatonin.

Source: EVEXIAS reference, April 22, 2026, p. 17, 18.

## L-Theanine Support

What it is for · A single-ingredient option for relaxation without a multi-herb blend.

Ingredient highlights · L-theanine (Suntheanine).

Source: EVEXIAS reference, April 22, 2026, p. 18.

## Methyl Support

What it is for · B vitamins and betaine for normal methylation and homocysteine metabolism.

Ingredient highlights · Riboflavin (B2), vitamin B6, methylfolate, methylcobalamin (B12), trimethylglycine (betaine anhydrous).

Source: EVEXIAS reference, April 22, 2026, p. 18.

## Moducare ES

What it is for · Plant-derived compounds marketed for immune-system support.

Ingredient highlights · Plant sterols and plant sterolins (from Pinus species oil).

Source: EVEXIAS reference, April 22, 2026, p. 18, 19.

## Multi-Mineral D3 Ultra

What it is for · A mineral formula with vitamin D3 for nutritional support.

Ingredient highlights · Vitamin D3, calcium, iodine, magnesium, zinc, selenium, copper, manganese, chromium, molybdenum, potassium, boron, vanadium.

Source: EVEXIAS reference, April 22, 2026, p. 19.

## Multivitamin Ultra

What it is for · A broad multivitamin/mineral formula with additional antioxidants.

Ingredient highlights · Vitamins A, C, D3, E, B1, B2, niacin, B6, folate, B12, biotin, B5, K2; choline, iodine, zinc, selenium, manganese, chromium, molybdenum, boron; coenzyme Q10, alpha-lipoic acid, inositol, lutein, lycopene, zeaxanthin.

Source: EVEXIAS reference, April 22, 2026, p. 19, 20.

## NAC 500

What it is for · An amino-acid derivative that supports the body's glutathione production.

Ingredient highlights · N-acetylcysteine (NAC).

Source: EVEXIAS reference, April 22, 2026, p. 20.

## NAD+

What it is for · Nutrients marketed to support NAD-related cellular energy pathways.

Ingredient highlights · Vitamin C, niacin, Bioenergy RiaGev-WS (a proprietary blend of ribose and nicotinamide ascorbate). This is an oral nutraceutical, distinct from NAD+ infusions or injections.

Source: EVEXIAS reference, April 22, 2026, p. 20, 21.

## Omega Plus

What it is for · Marine omega-3 support for cardiovascular, brain, and general wellness.

Ingredient highlights · Marine lipid concentrate supplying EPA and DHA, plus vitamin D3.

Source: EVEXIAS reference, April 22, 2026, p. 21.

## Phyto Defense

What it is for · A botanical antioxidant blend for general wellness.

Ingredient highlights · Broccoli-sprout powder (BroccoPhane), green-tea extract, curcumin/phosphatidylcholine complex (Meriva), pomegranate extract, quercetin, tomato extract (Lycobeads/lycopene), Polygonum cuspidatum extract (trans-resveratrol).

Source: EVEXIAS reference, April 22, 2026, p. 21, 22.

## Prostate Complete

What it is for · Nutrient and botanical support for prostate and urinary wellness.

Ingredient highlights · Vitamins C, E, B6, folate, zinc; saw palmetto, green tea, pumpkin-seed oil powder, R-alpha-lipoic acid, beta-sitosterol complex, stinging nettle, pygeum, lycopene, resveratrol.

Source: EVEXIAS reference, April 22, 2026, p. 22.

## QuiCalm

What it is for · A botanical and amino-acid blend for stress and relaxation support.

Ingredient highlights · Relora (magnolia/Phellodendron extracts), holy basil, L-theanine (Suntheanine).

Source: EVEXIAS reference, April 22, 2026, p. 23.

## Rebiosis

What it is for · Botanical support for the gut environment and microbial balance.

Ingredient highlights · Berberine HCl, cat's claw (*Uncaria tomentosa*), grapefruit-seed extract.

Source: EVEXIAS reference, April 22, 2026, p. 23, 24.

## Renew GI+

What it is for · A multi-blend formula marketed for digestive regularity and gut wellness.

Ingredient highlights · Balance & Capture Blend; Soothe & Replenish Blend; Reds & Greens Blend; Remove & Detox Proprietary Blend. The source does not disclose the individual ingredients in these blends. Check the current full label before purchase.

Source: EVEXIAS reference, April 22, 2026, p. 24.

## Renocap Forte

What it is for · Botanical support marketed for urinary and kidney wellness.

Ingredient highlights · Goldenrod extract, shatavari extract, dandelion-root extract. Not a treatment for kidney disease.

Source: EVEXIAS reference, April 22, 2026, p. 24.

## SPM Complex

What it is for · Marine-lipid support for a normal inflammatory-resolution response.

Ingredient highlights · Alaskan cod-liver oil, omega-3 fatty acids (EPA, DHA, DPA), vitamins A and D, and pro-resolving lipid mediators. The exact composition depends on the label.

Source: EVEXIAS reference, April 22, 2026, p. 24, 25.

## Synapsin

What it is for · Ginseng-derived support marketed for mental focus and cognitive wellness.

Ingredient highlights · Ginsenoside Rg3 from fermented Panax ginseng. The public catalog may call this Synapsin LPT.

Source: EVEXIAS reference, April 22, 2026, p. 25.

## Synapsin Pro LPT

What it is for · A ginseng-derived blend marketed for cognition and cellular wellness.

Ingredient highlights · Ginsenosides Rg3 and Rb1, plus methylcobalamin (vitamin B12), in a liposomal tablet.

Source: EVEXIAS reference, April 22, 2026, p. 25.

## Thyroid Support

What it is for · Nutrients and botanicals marketed to support normal thyroid function.

Ingredient highlights · Riboflavin (B2), B6, folate, iodine, zinc, selenium, copper, manganese, chromium, L-tyrosine, Bacopa monnieri, Commiphora mukul (guggul), Coleus forskohlii (ForsLean). Not thyroid hormone medication.

Source: EVEXIAS reference, April 22, 2026, p. 25, 26.

## Tri-Phase Detox Supplement

What it is for · A multi-ingredient formula marketed to support normal liver and digestive elimination processes.

Ingredient highlights · Magnesium, selenium, chlorella, Bacillus coagulans, dimethylglycine, glycine, glutamine, taurine, turmeric (CurcuWIN), milk-thistle/phosphatidylcholine complex (Siliphos), stinging nettle, uva ursi, burdock, grape-seed/phosphatidylcholine complex (LeucoSelect), alpha-lipoic acid, N-acetylcysteine.

Source: EVEXIAS reference, April 22, 2026, p. 26.

## Ultra Prenatal+

What it is for · Prenatal and lactation nutritional support, selected with your obstetric clinician.

Ingredient highlights · Vitamins A, C, D3, E, K1, K2, B1, B2, niacin, B6, folate, B12, biotin, B5; choline, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, molybdenum; Lactobacillus rhamnosus, ginger, inositol.

Source: EVEXIAS reference, April 22, 2026, p. 27, 28.

## Vitamin C 500

What it is for · Buffered vitamin C and bioflavonoids for antioxidant and collagen support.

Ingredient highlights · Vitamin C (ascorbic acid and mineral ascorbates), calcium, magnesium, zinc, manganese, potassium, pectin, citrus bioflavonoids (rose hips, orange, lemon, grapefruit, acerola cherry, hesperidin, rutin).

Source: EVEXIAS reference, April 22, 2026, p. 28.

## Sources & label notes

Primary ingredient reference. EVEXIAS\_Nutraceuticals\_Cheat\_Sheet\_PST\_FINAL\_v22APR2026.pdf, supplied in Citrus' HRT training resources. This guide includes all 63 entries in that document, including grouped ADK variants. It is not a guarantee of the full October 2026 product lineup.

Current product information. Use the manufacturer's public catalog to open each product page and its fact sheet: [EVEXIAS current catalog](#). Compare the exact product, strength, and package label before purchase.

Why amounts are omitted. The supplied reference contains unclear units, incomplete amounts, and formulation differences. Examples include glutathione strength, Iodine Complete units, and the Clarify B12 amount. This guide summarizes ingredient names instead of reproducing uncertain quantities.

Proprietary blends. Blend components and individual amounts may not be fully disclosed. Renew GI+ is listed by four blend names in the supplied source; its complete ingredient list must be checked on the current label.

Names and formulations. Immuno LPT may appear as Immuno-T LPT; Synapsin may appear as Synapsin LPT. Similar names do not confirm identical formulations. Sleep, melatonin spray, and other overlapping formulas should be compared before combining.

Peptide entries. BPC-157 and KPV appear in the source catalog. Inclusion does not establish FDA approval or demonstrated human safety/effectiveness. The purpose statements are descriptions of marketing, not recommendations. See [FDA BPC-157 briefing material](#).

Questions? Bring the product label and your medication/supplement list to the Citrus team. We can help you identify the right questions for your treating clinician.